



# Yadkin County 4-H April Newsletter



“Everyone has inside of him a piece of good news. The good news is that you don't know how great you can be! How much you can love! What you can accomplish! And what your potential is!”

~By Anne Frank

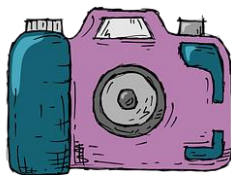
## You Better get Hopping and Read this Edition of the Yadkin County 4-H Newsletter!

How crazy has it been here lately? We are experiencing things that we never thought we would have to endure. This being something so new to us, we are bound to have some stress associated with this whole ordeal. I would like to encourage you to check out this article written by Dr. Kim Allen, who is a part of NC State Extension Staff, called “Coping with Stress and Anxiety in Family Life During COVID-19.” The article can be found via this link: [go.ncsu.edu/readext?662102](https://go.ncsu.edu/readext?662102). This article has useful information on stress and anxiety and how it effects the whole family. If you take away anything from this article, I hope that you take away the fact it is “okay” to not be “okay.”



## Yadkin County 4-H Photography Contest! Deadline to enter is Friday, April 17, 2020

We are holding this contest to encourage youth to get outside and away from the technology for a little bit and explore the wonderful world of photography. Being a part of this competition is really simple! Each participant is allowed to send in two photos (only one per category). The categories are:

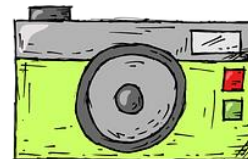


Nature

People

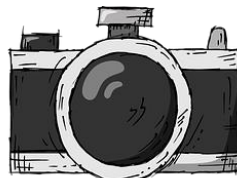
Animals

Black and White



Make sure the picture is taken between now and the deadline. Please include a short description of your picture when you send it in. Only registered 4-H'ers are allowed to be a part of this competition. There will be placings for Juniors and Seniors and Clover Cash for each category! Pictures will be judged and ranked - then shared on Facebook for all to enjoy. Please submit photos to Ms. Madaline at [madaline\\_jones@ncsu.edu](mailto:madaline_jones@ncsu.edu).

Let's see those picture taking skills!



## 4-H County Presentation Week!-Ages 5-18-May 4-8, 2020-Zoom Meeting

This event is a time where youth get to give their 4-H presentation and receive feedback on it. This will help them with the District competition because the feedback can help them make needed changes to the presentation. You must sign up for this event by Friday, April 24, 2020 via filling out/sending in the "4-H County Presentation Week" form. This form can be found on Yadkin County Cooperative Extension Website at: <https://yadkin.ces.ncsu.edu/wp-content/uploads/2020/03/4-H-County-Presentation-Week-2020.pdf?pwd=no>. This form asks you for general information about your presentation such as category, basic information about yourself, and it asks you to select three of your top appointment times you could come give your presentation. You will be contacted about your appointment time soon after the deadline has passed. **This will be taking place over Zoom Meeting due to new regulations.**

This is NOT a required event this year in order for you to do a District presentation unless you have three in your age division and category. You can still sign up for a District presentation by **Monday, May 18, 2020**. This event is to help our youth fine-tune their presentation and get them more public speaking experience in the process. Participants have the option of just competing on the county level as well. Clover Cash will be given for each level participated in. Please contact Ms. Madaline for more information or if you have any questions!



## Fashion Revue County-Deadline: Monday, June 8, 2020

It's that time of year again to make your Fashion Revue entries! For this competition, you must sew something you can wear for this competition whether that be a pair of pajama pants, an apron, dress, blouse with a skirt, etc. We will be able to send off our top three in our Junior and Senior divisions to the district level competition. Cloverbuds are welcome to join the at the county level and the district level as well. Clover Cash will be given to all participants for each level they reach in the competition. This competition no longer has a state event. This year, everything is online for this competition. Are you interested in this competition? If so, please contact Ms. Madaline at [madaline\\_jones@ncsu.edu](mailto:madaline_jones@ncsu.edu) for more information!



## Yadkin County Teen 4-H Council-Monday, April 27, 2020

County Council is for 4-H'ers between the ages of 12-18. These 4-H'ers come together to focus on leadership, community service, and citizenship. For this meeting, we are going to be looking at keeping our minds healthy during this stressful time. This meeting will be held over Zoom and parents can attend if they please. The meeting time and supplies will be coming out soon. Current members of this council will be receiving an email soon to help determine a time for this meeting.



## 4-H Online--Time to Re-Enroll and Enroll!

There is so much fun here with 4-H for youth to have! So, you need to make sure you are enrolled in 4-H Online. It only takes a few short minutes to log into your account and re-enroll because a lot of the information you put in the system last year will rollover to this year. If you are in need of enrolling for the first time, on average, it takes about 10 minutes. You can re-enroll or enroll in 4-H Online via this link: <https://nc.4honline.com/Login.aspx?403D4075376775636277493241453D>.

If you need help with this process at all, please contact our 4-H Agent for Yadkin County, Madaline Jones, and she will be happy to assist you. She can be contacted through email at [madaline\\_jones@ncsu.edu](mailto:madaline_jones@ncsu.edu). Also, here is a helpful letter to assist you with this enrollment process whether you are a returning member/volunteer or new to this program: [4HOnline-Rollover Re-Enrollment Family Letter 2019](#). This is another great link from the NC State 4-H Office that provides some helpful resources to for 4-H Online: <https://nc4h.ces.ncsu.edu/4honline/>.



### Things to Look Out for!

Ms. Madaline is going to be hosting Zoom Meetings on 4-H Presentations and 4-H Project Record Books! These are two major elements in the 4-H Program, and she wants you to be a part of them. These Zoom Meetings will be for 4-H'ers, 4-H parents, and for 4-H volunteers. Dates and times will come out soon about these meetings, but if you have any questions or thoughts about these programs in the meantime, please let Ms. Madaline Jones know and she will be happy to help.



### NC 4-H Daily Spark Activities-Are you Tuning in?

Have you been checking out the NC 4-H Daily Spark Activities on Facebook Live every day? These activities are presented by 4-H State Staff and 4-H Agents across the state that want to share about a 4-H program area that excites them. There have been some great ones so far and you can even go back and watch them! If you are interested in seeing the activities that have already happened or want to tune into the new ones, make sure to like and/or follow North Carolina 4-H on Facebook so you do not miss out on anything!



## Yadkin County 4-H Club Meetings!

I know many of you may be wondering; are we still having 4-H club meetings? The answer is yes! Many of our clubs are switching to Zoom meetings until further notice. Here is the list of clubs that are going to be meeting this month!

**Longtown 4-H Club**- Thursday, April 9, 2020-Time: 3:30 PM-Zoom Meeting

**Prospect 4-H Club**- Thursday, April 9, 2020-Time: 3:30 PM-Zoom Meeting

**Deep Creek 4-H Club**-Thursday, April 23, 2020-Time: TBA-Zoom Meeting

**Foothills Farm 4-H Club**-Tuesday, April 28, 2020-Time: TBA-Zoom Meeting



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NC State University and N.C. A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, national origin, religion, political beliefs, family and marital status, sex, age, veteran status, sexual identity, genetic information or disability. NC State, N.C. A&T, U.S. Department of Agriculture, and local governments cooperating.

Special accommodations will be made for the physically disabled, vision, or hearing impaired person upon request. If special accommodations are required, please call Madaline Jones at (336) 849-7908, 7 days prior to the event or activity. This event or activity is operating under the 4-H Code of Conduct and Disciplinary Procedure. You can obtain a copy from your 4-H Agent. This 4-H Code of Conduct and Disciplinary Procedure is a condition of participation in any North Carolina 4-H activities or programs.