

# Yadkin County 4-H Newsletter May 2022

## Quote of the Month

*“Strength doesn’t come from what you can do. It comes from overcoming the things you once thought you couldn’t.”*

— Rikki Rogers



## 4-H Presentations-Deadline May 20th

Perfect your public speaking skills with 4-H Presentations! 4-H Presentations are a great way to get youth out of their comfort zone and develop the important life skill of public speaking. 4-H'ers ages 5-18 are welcome to participate at the district level and ages 8-18 have the chance to go onto the state level. There are over 35 categories to choose from and those can be found here:

[https://nc4h.ces.ncsu.edu/wp-content/uploads/2022/03/4-H-Presentation-Fact-Sheet\\_2022.pdf?fwd=no](https://nc4h.ces.ncsu.edu/wp-content/uploads/2022/03/4-H-Presentation-Fact-Sheet_2022.pdf?fwd=no)



If you would like to have Ms. Madaline's advice on your presentation, you are more than welcome to set up a time to meet in-person to go over the presentation or meet over Zoom with her. She can also review your presentation. This can be set up before or after this deadline up to two weeks before 4-H Presentations. To sign up for 4-H Presentations or if you have questions, please contact Ms. Madaline.

## **Yadkin County 4-H Summer Fun Schedule is Here!**

4-H Summer Fun is a series of educational activities designed to make the most of summer vacation by teaching youth essential life-skills while they are having FUN! Summer Fun is open to all youth regardless of prior 4-H participation. **Wednesday, May 11th** is the first registration day for 4-H Summer Fun!!! The earlier you sign up the better because spots will go fast! However, if spots remain, you can still sign up for a workshop up to two weeks before it begins unless otherwise noted. Check out what we have scheduled for Summer Fun through our flier that can be found here:

<https://yadkin.ces.ncsu.edu/wp-content/uploads/2022/04/Yadkin-County-4-H-Summer-Fun-2022.pdf?pwd=no>.

## **NC 4-H Citizenship Focus-Deadline May 16th**

North Carolina 4-H Citizenship Focus will be held **June 14-16, 2022** in Cary at the Embassy Suites by Hilton! North Carolina's Electric Cooperatives-Touchstone Energy for being our conference's Signature Sponsors for this event, making this event cheaper for all youth to attend. Here are some important details about the conference. 200 North Carolina 4-H'ers, ages 13 through 18, can attend this event every year. Some of the things youth will do at this conference include attending citizenship themed workshops, participate in panel discussions, listen to distinguished speakers, visits with elected officials, and conduct off-site visits in Raleigh. The cost of registration is \$225.00 per youth.

## **North Central District 4-H Fashion Revue Deadline to sign up: June 3rd-Competition Date: June 17th**

It's that time of year again to make your Fashion Revue entries! This is where you show off your sewing skills at District Activity Day! For this competition, you must sew something you can wear because one of the things you are judged on is fit. You can sew so many things whether that be a pair of pajama pants, an apron, shorts, dress, blouse with a skirt, a whole outfit, etc. We will be able to send off our top three in the Junior and Senior divisions to the district level competition. Cloverbuds are welcome to join at the county level and the district level. Clover Cash will be given to all participants for each level they reach in the competition. Are you interested in this competition? If so, please contact Ms. Madaline for more information! You can submit your entries through this Google Form: <https://forms.gle/L3Be3tENKpNgvuG38>.

## **AIRE (Application, Interview, Resume & Electronic Video) Deadline June 8th**

AIRE is a workforce development and college prep program. Youth, ages 11 – 18, are eligible to participate in this program in one of two ways. AIRE Program Options

**Option 1:** Youth participate in this program by completing the four (4) AIRE candidate packet components. All candidates submitting a complete packet will be invited to participate in either the State-Level competitive program (open to youth ages 14-18) or in the non-competitive program (open to youth ages 11-13). Youth participating in the competitive AIRE program are eligible to be selected to attend national events such as National Congress, National Conference, and International Leadership Conference.

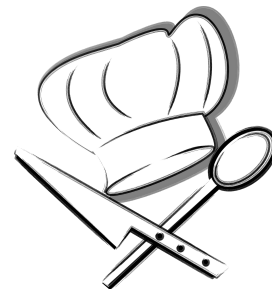
**Option 2:** Youth participate in this program by completing the AIRE program components as self-study and/or as part of their local 4-H program.

## **North Central District Activity Day-June 17th!**

It's almost time for District Activity Day; are you ready?? The North Central District 4-H Activity will be on Friday, June 17th in Wilkes County at Wilkes Central Middle School. This is where youth present their 4-H Presentations at the district level, where our top talent show entries will showcase their talents, and where the district portion of the Fashion Revue will be! Since this year is going to be so close to Yadkin County, we need to make sure that we represent our county well! So make sure to sign up for one or more of these competitions today!

## **Dinah Gore 4-H Healthy Food Challenge Sign up Between June 1st-July 1st**

The Dinah Gore 4-H Healthy Food Challenge is a contest that challenges a team of three to four 4-H members to create a dish that will serve three people using a predetermined ingredient, food category, and items from the pantry. Once the ingredient is revealed, the team will have 40 minutes to prepare the dish, clean up and prepare their presentation for the judges. The team will make a presentation to the judges covering their dish, its health benefits, and the nutrients that the dish provides to the body, about 10 minutes after the dish is ready. We have limited space per age group—5 teams per age group (from the whole state!). This event will be held at the Dinah E. Gore 4-H Teaching and Research Kitchens, NC State University. Each team must consist of three to four 4-H'ers and the age categories are 8-10, 11-13, and 14-18.



## States' 4-H North Carolina International Exchange Program

North Carolina 4-H is excited to announce their upcoming opportunity to host a student from Japan again this summer! North Carolina 4-H is hoping things are

somewhat back to normal by the time of this event, but COVID-19 travel restrictions continue to be a reality in Japan, however, their International partners are still monitoring the situation and are very positive that we will have a summer inbound program. They are ready to start their recruitment efforts, so please let Ms. Madaline know if you are interested in this! More information can also be found through this link:

<https://nc4h.ces.ncsu.edu/youth-3/nc-4-h-international-exchange-program/>.



### If you haven't yet, Enroll in 4-H Online 2.0 Today!!

If your child is a current 4-H'er, please go to 4-H Online to re-enroll them because we cannot wait to have them back in our program for 2022! If you are new to the program, welcome and we are so happy to have you! Please enroll your child into our program by creating a 4-H Online account for them. Access 4-H Online through this link: <https://v2.4honline.com/>. Everyone should enroll in 4-H before attending a 4-H program. If you have problems enrolling or re-enrolling your child, please contact Madaline at [madaline\\_jones@ncsu.edu](mailto:madaline_jones@ncsu.edu) or through calling 336-849-7908.



Need help enrolling in 4-H Online or need some quick reminders? Please review this letter for more information on how to enroll:

[https://yadkin.ces.ncsu.edu/wp-content/uploads/2022/01/4HOnline-Rollover\\_Re-Enrollment\\_Family\\_Letter\\_2022docx-1.pdf?fwd=no](https://yadkin.ces.ncsu.edu/wp-content/uploads/2022/01/4HOnline-Rollover_Re-Enrollment_Family_Letter_2022docx-1.pdf?fwd=no)

\*Please also note that you must enroll for 2022, regardless of what time you enrolled in 2021. That is just how this system is set-up.

## **4-H Clubs in Yadkin County-Ask for more Information!**

**Deep Creek 4-H Club-Yadkinville Area**

**Foothills Farm 4-H Club-Jonesville Area**

**Panthers 4-H Club-Courtney Area**

**Prospect 4-H Club-East Bend Area**

**Want to keep up with what Yadkin County 4-H is doing? Like us on Facebook and see all the fun we are having! Search Yadkin County 4-H or @YadkinCounty4H and hit the like button!**



For more information about Yadkin County 4-H or to sign up for programs, please contact Madaline Jones, our 4-H Agent at [madaline\\_jones@ncsu.edu](mailto:madaline_jones@ncsu.edu) for the quickest response. Our office can also be called at 336-849-7908 and Ms. Madaline will get back to you as soon as possible. Our office hours are 8:00 AM-5:00 PM Monday through Friday and our address is 2051 Agricultural Way, Suite 201, Yadkinville, NC 27055.

***Thank you to our sponsors, Yadkin County Farm Bureau and other donors for supporting our 4-H program!***



NC State University and N.C. A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, national origin, religion, political beliefs, family and marital status, sex, age, veteran status, sexual identity, genetic information or disability. NC State, N.C. A&T, U.S. The Department of Agriculture, and local governments are cooperating.

Special accommodations will be made for the physically disabled, vision, or hearing impaired person upon request. If special accommodations are required, please call Madaline Jones at (336) 849-7908, 3 weeks prior to the event or activity. This event or activity is operating under the 4-H Code of Conduct and Disciplinary Procedure. You can obtain a copy from your 4-H Agent. This 4-H Code of Conduct and Disciplinary Procedure is a condition of participation in any North Carolina 4-H activities or programs.