

Family & Consumer Sciences Newsletter



It's Fall, Y'all!

The leaves are changing, the temperature is dropping, and things are getting spooky. Fall is here and cooler weather is right around the corner, and I, for one, am ready for it!

This month's newsletter highlights safe tips for trick-or-treaters and a fun, fall-themed recipe. There are a lot of fun community events coming up in October that you will not want to miss. The Yadkin Cooperative Extension will have a booth at the Yadkin Downtown Halloween Event. Be sure to stop by and say hello!

Do you want to know what is happening with the Family & Consumer Sciences program over the next few months? For more information or to be on our email list about upcoming programs, send your email or mailing address to cpjohns5@ncsu.edu

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BE SAFE, BE SEEN ON HALLOWEEN

Top Tips for Halloween Safety

- Carry glow sticks or flashlights, use reflective tape or stickers on costumes and bags, and wear light colors to help kids see and be seen by drivers.
- Join kids under age 12 for trick-or-treating.
- Slow down and be alert! Kids are excited on Halloween and may dart into the street. Turn on headlights early in the day to spot kids from further away.
- Remind kids to cross the street at corners or crosswalks.

Did you
KNOW?

Choose face paint over
masks when possible.
Masks can limit children's
vision.

- When selecting a costume, make sure it is the right size to prevent trips and falls.
- Popular trick-or-treating hours are 5:30 p.m. to 9:30 p.m. Be especially alert for kids during those hours.

Candy Corn Cookies

Get a head start on these buttery cookies by shaping and chilling the homemade dough ahead of time. When you're ready, just slice and bake the tricolor treats



Total Time

Prep: 35 min. + chilling Bake: 10 min./batch



Makes

5 dozen

Ingredients

- 1-1/2 cups butter, softened
- 1-1/2 cups sugar
- 1/2 teaspoon vanilla extract
- 3 cups all-purpose flour
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- Yellow and orange paste food coloring

Nutrition Facts

1 cookie: 83 calories, 5g fat (3g saturated fat), 12mg cholesterol, 77mg sodium, 10g carbohydrate (5g sugars, 1g fiber), 1g protein.

Directions

1. Cream butter and sugar until light and fluffy, 5-7 minutes. Beat in vanilla. In another bowl, whisk together flour, baking soda and salt; gradually beat into creamed mixture.
2. Divide dough in half. Tint 1 portion yellow. Divide remaining dough into two-thirds and one-third portions. Color the larger portion orange; leave the smaller portion plain.
3. Shape each portion of dough into two 8-in. logs. Flatten top and push sides in at a slight angle. Place orange logs on yellow logs; push sides in at a slight angle. Top with plain logs, forming a slightly rounded top. Wrap and refrigerate until firm, about 4 hours.
4. Preheat oven to 350°. Unwrap and cut dough into 1/4-in. slices. Place 2 in. apart on ungreased baking sheets.
5. Bake until set, 10-12 minutes. Remove from pans to wire racks to cool.



SMART START OF YADKIN COUNTY'S
ANNUAL FUNDRAISER

BINGO

Saturday, November 18, 2023

Yadkinville United Methodist Church

204 West Main Street, Yadkinville

Doors Open @ 5:00 p.m. & Games Begin @ 6:00 p.m.

Proceeds support Early Literacy and Family Support activities for young children in Yadkin County.

\$30 packet includes:

- 20 games
- 1 coverall game
- 5 door prize tickets

Pre-ordered packets include a ticket for a FREE \$7 meal!

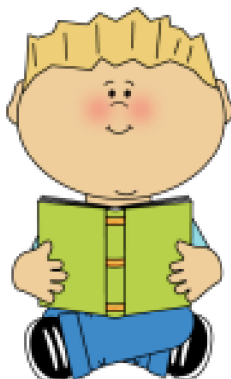
Food will be available for purchase!

2 hotdogs, chips, dessert & drink – \$7

2 slices of pizza, chips, dessert & drink – \$7

1 hotdog, chips, dessert & drink- \$5

1 slice pizza, chips, dessert & drink -\$5



**For questions or to pre-order packets,
call the Smart Start office at 336-677-1125 or 336-677-1124**

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COMMUNITY EVENTS



PRESENTED BY



Tickets in advance are \$20.00 and at the gate \$25.00. If you have a group of 10 or more, contact the Chamber office for a discounted rate.

October 21, 2023 from 11:00 a.m. - 5:00 p.m.

Visit www.yvgf.com for more information,



Yadkinville



Downtown Halloween

Tuesday, October 31, 2023 -
3:00pm to 5:00pm

The Annual Yadkinville
Downtown Halloween

Tuesday, October 31st, from
3:00 p.m. to 5:00 p.m.

Bring the kids to enjoy trick-or-treating at downtown businesses. There will be food trucks and lots of fun for the family!



Yadkin County Cooperative Extension
2051 Agricultural Way, Suite 201
Yadkinville, NC 27055
336-849-7908
Monday - Friday ~ 8AM - 5PM

Want to keep up with what Yadkin County FCS is doing? Like us on Facebook! Search Yadkin County Cooperative Extension.
@YadkinCooperative

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